

BRITISH COLUMBIA

Vancouver Point Grey

Jericho Hill Centre
4196 West 4th Avenue

Vancouver Centre

David Livingstone School
315 East 23rd Avenue

North Vancouver

Brockton Preparatory School
3467 Duval Road

West Vancouver

Westcot Elementary School
760 Westcot Road

Richmond

Richmond Baptist Church
6640 Blundell Road

Coquitlam

Queen of All Saint's School
1405 Como Lake Avenue

South Surrey

White Rock Christian Academy
2265 - 152nd Street

Burnaby

Alpha Secondary School
4600 Parker Street

Langley

Alex Hope Elementary
21150 - 85th Avenue

Victoria

Oaklands Elementary School
2827 Belmont Avenue

ALBERTA

Calgary NW

Rosemont Community Centre
2807 - 10th Street

Calgary SW

Lakeview United Church
3023 - 63rd Avenue

Edmonton

Rio Terrace Moravian Church
15108 - 76th Avenue

ONTARIO

North York

Willowdale Christian School
(near Yonge St. & Finch Ave.)
60 Hilda Avenue

Central Toronto

Leaside United Church
(& Trace Manes Park)
822 Millwood Road

Oakville

Holy Family School
1420 Grosvenor Street

Etobicoke

Humber Valley United Church
76 Anglesey Boulevard



Enriching the
lives of
children through
cycling since
1995

604-874-6464
1-888-886-6464
www.pedalheads.ca

Summer 2010

ready, set, RIDE!

From training wheels to trails, Pedalheads™ has safe, fun and challenging bike camps for children ages 3 - 12. During the last 15 years we have taught over 100,000 children to ride, using our own Pedalheads™ teaching method, combined with small classes and exceptional instructors. Our comprehensive program opens up a world of opportunities for a lifetime of cycling.

Camps

Each Pedalheads™ Half Day camp includes two and a half hours of safety and bike proficiency instruction. We teach beginners right up to competent riders the skills they need to succeed on trails & streets.

All Day camps (available in Point Grey, North Vancouver or Coquitlam) include crafts, sports and outings on top of a regular half day bike camp for a fun-filled day.

Camps run Monday - Friday throughout the summer, except Set E, which is Tuesday - Friday.

T'N'T

Trikes and Trainers (T'N'T) is our one-hour camp for children who are three or turning three this year. Through the use of games, stories and lots of fun activities they will learn to steer, pedal, stop and start. Kids are welcome on their bikes with training wheels, run bikes or even trikes.

Levels

0.	Trikes 'N' Trainers	One-hour camp for eager 3- year olds (born in 2007)
1.	Newbees	Kids who are riding on training wheels
2.	Adv. Newbees	Kids who can balance and pedal without training wheels
3.	Pedalheads	Kids who can start, pedal and stop without assistance
4.	Adv. Pedalheads	Kids who can ride smoothly and are ready for residential street riding
5.	Gearheads	Kids who can street ride and are ready to learn to use their gear bikes
6.	Treadheads	Kids who can change gears smoothly and are ready for shifting on hills
7.	Shockheads	Kids who can ride for an hour straight & are ready for advanced handling
8.	Crankheads	Kids who ride confidently and are ready to integrate all the biking skills
+	Flow Camps	Kids 10 - 15 who are ready for mountain biking, www.flowcamps.ca



Community

Every Kid Needs a Bike

Each year we collect used bikes for kids in need. If you have a bike in your garage that needs a good home, please contact us for donation information (Lower Mainland only).

The Great Pedalheads™ Treasure Hunt

We are kicking off Bike Month with this fun family event. The 2nd annual Great Pedalheads™ Treasure Hunt will be held on Sunday, May 30 from 10:00 - 1:00 at the Jericho Beach Park, Vancouver and is open to all ages. The hunt will take approximately one hour and there will be prizes for everyone. Give us a call to sign up!

We also participate in many school & community fairs, rodeos and special events in all the communities that we serve.

Details on these and other events in your community, can be found on our website.

Pedalheads Online Store

Need Pedalheads™ gear for the summer? Visit our online store at <http://store.atlantisprograms.com/>

Dates		Times	
Early Summer (ES) only available in Point Grey, North Vancouver, Richmond & Coquitlam		T'N'T	9:30 - 10:30 11:00 - 12:00
ES:	Jun 28 - Jul 2	Morning	9:30 - 12:00
Set A:	Jul 5 - 9	Afternoon	1:00 - 3:30
Set B:	Jul 12 - 16	All Day	9:00 - 4:00
Set C:	Jul 19 - 23		
Set D:	Jul 26 - 30		
Set E:	Aug 3 - 6 (4 days)*		
Set F:	Aug 9 - 13		
Set G:	Aug 16 - 20		
Set H:	Aug 23 - 27		
Set I:	Aug 30 - Sep 3		
		Costs	
		T'N'T	\$94 / *\$79
		Half Day Levels 1-2	\$159 / *\$136
		Half Day Levels 3-8	\$139 / *\$116
		All Day Levels 1-2	\$304 / *\$254
		All Day Levels 3-8	\$284 / *\$234
		Privates	\$169 / *\$135
		<i>Prices plus GST / HST</i>	