

Activity #2 Draw your Helmet

Draw a picture of you wearing your bike helmet. Label the 4 S's. Colour the picture too.

Activity #3 Biking Word Search

Find these words and circle each letter. The remaining letters will spell the hidden word!

snug, straps, straight, safety, helmet, trail, brakes, handlebar, bell, signal, gears, BMX, street, sticker, head, eyes, wheel, crank, oil, lube, axle, fast, tool

T H G I A R T S P F
H E A D E S E S D A
A L L N N B B E C S
B M X U D E U K R T
S E G S O L L A A I
T T R A I L E R N C
R H R F L G E B K K
A W H E E L N L A E
P E A T E D S A X R
S S E Y E T O O L A

The hidden word is _____

Pedalheads is a ten level instructional bike safety and skills program for kids aged 4-14. We teach beginners still on training wheels right up to competent riders ready for streets and trails. Come and discover the possibilities of riding a bike!



Answers: Activity #1-D is correct. A-straps are too loose. B-straps not around ear. C-helmet too far back on head. Activity #3-Pedalheads.